

EFMP LIBRARY

Updated 06/23/2011

Title of Book by category

ADD/ADHD

All Dogs Have ADHD

ADD/ADHD Drug Free – Natural Alternatives and Practical Exercises to Help Your Child Focus. Written by: Frank Jacobelli and L.A. Watson

Attention Deficit Disorders Intervention Manual. Written by: Stephen B. McCarney, Ed.D

Driven To Distraction: Recognizing and coping with **Attention Deficit Disorder** from Childhood through Adulthood. Written by: Edward Hallowell, MD and John Ratey, MD

Maybe You Know My Kid. A parent's guide to helping your child with **Attention Deficient hyperactivity Disorder**. Written by: Mary Fowler

Problem Solver Guide for Students with **ADHD**, Ready-to-Use Interventions for Elementary and Secondary Students. Written by: Harvey C. Parker, PH.D.

Putting on the Brakes, Activity Book for Kids with **ADD or ADHD**. Written by: Patricia Quinn, MD and Judith Stern, MA

Survival Guide for Kids with **ADD or ADHD**. Written by: John Taylor, PhD

Taking Charge of **ADHD** – The Complete, Authoritative Guide for Parents. Written by: Russell A. Barkley, PhD

ALLERGIES

Asthma and **Allergy** Action Plan For Kids. Written by: Allen Dozor MD and Kate Kelly

Food **Allergies** for Dummies. Written by: Robert Wood, MD

ASTHMA

One Minute **Asthma**, what you need to know. Written by: Thomas F. Plaut, MD

Taking Control of **Asthma**. A Comprehensive Prevention and treatment plan for you and your family. Written by: Christopher Fanta, MD, Lynda Cristiano, MD and Kenan Haver MD

AUTISM SPECTRUM DISORDER

Look me in the Eye

Asperger's...What Does It Mean To Me

Of Mice and Aliens - An Asperger Adventure

1001 Great Ideas for Teaching & Raising Children with Autism or Asperger's

The Autism Acceptance Book - Being a Friend to Someone with Autism

What it is to be Me! An Asperger Kid Book

Autism Answer Book-More than 300 of the Top Questions Parents Ask. Written by: William Stillman

Autism Source Book. Written by: Karen Siff Exkorn.

Autism Spectrum Disorder. The complete Guide to understanding Autism, Asperger's Syndrome, Pervasive Developmental Disorder, and other ASD's. Written by: Chantal Sicile-Kira

Changing the Course of **Autism**-A Scientific Approach for Parents and Physicians. Written by: Bryan Jepson, MD with Jane Johnson

Complete Guide To **Asperger's** Syndrome. Written by: Tony Attwood.

Incredible 5-Point Scale. Assisting Students with **Autism** Spectrum Disorders in Understanding Social Interactions and Controlling their Emotional Responses. Written by: Kari Dunn Buron and Mitzi Curtis

Knowing Yourself, Knowing Others. A Workbook for Children with **Asperger's** Disorder, **Nonverbal Learning** Disorder & other **Social Skill** Problems. Written by: Barbara Cooper, MPS and Nancy Widdows, MS

Let Me Hear Your Voice. A family's triumph over **Autism**. Written by: Catherine Maurice

Siblings Of Children With **Autism**. A guide for families. Written by: Sandra Harris, PhD and Beth Glasberg, PhD

Thinking in Pictures – My Life With **Autism**. Written by: Temple Grandin

BEHAVIOR

How to take the Grrrr Out of Anger

Defiant Child-A Parent's Guide to Oppositional Defiant Disorder. Written by: Dr. Douglas A. Riley

School Success for Kids with **Emotional and Behavioral** Disorders. Written by: Michelle R. Davis, Vincent P. Culotta, Ph.D., Eric A. Levine, Ed.D., and Elisabeth Hess Rice, Ed.D.

Skills Training for Children with **Behavior** Problems – A Parent and Practitioner Guidebook. Written by Michael L. Bloomquist

Your **Defiant** Teen 10 steps to Resolve Conflict and Rebuild Your Relationship. Written by: Russell A. Barkley, PHD and Arthur L. Robin, PHD

BIPOLAR

Bipolar 101: A Practical Guide to Identifying Triggers, Managing Medications, Coping with Symptoms and more. Written by: Ruth White, PhD and John Reston, PSYD

Bipolar Child. Written by: Demetri Papolos, MD and Janice Papolos.

Bipolar Disorder Survival Guide. Written by: David J. Miklowitz, PhD.

CANCER

My Child Has **Cancer**. Written by: Della Howell, MD.

When A Parent Has **Cancer**. A guide to caring for your children. Written by: Wendy Schlessel Harpham, MD.

DEAF AND HARD OF HEARING

Idiot's Guide to Conversational **Sign Language**. Written by: Carole Lazorisak and Dawn Donohue

Signing Illustrated: The complete learning guide. Written by: Mickey Flodin

Talking with your Hands Listening with your Eyes, A Complete Photographic Guide to American **Sign Language**. Written by: Gabriel Grayson

DEPRESSION

Adolescent **Depression**. A guide for parents. Written by: Francis Mark Mondimore, MD

Living Well With **Depression** And **Bipolar** Disorder. What your doctor doesn't tell you that you need to know. Written by: John McManamy.

DEVELOPMENTAL DELAY

A Parent's Guide To **Developmental Delays**. Recognizing and coping with missed milestones in speech, movement, learning and other areas. (1-although I can't find it-not listed as checked out)

DIABETES

Mayo Clinic on Managing **Diabetes**.

Everything **Diabetes** Book. Written by: Paula Ford-Martin.

Parent's Guide To Children With Juvenile **Diabetes**. Written by: Moira McCarthy.

DOWN SYNDROME

Down syndrome (The Facts) Written by: Mark Selikowitz

Understanding Down Syndrome, Written by: Cliff Cunningham

DYSLEXIA

Everything – Parent's Guide to Children with **Dyslexia**. Written by: Abigail Marshall

EDUCATION/IEPs

Your Fantastic Elastic Brain Written by JoAnn Deak, Ph.D.

All about IEP's, Written by: Peter W.D. Wright & Pamela Wright

Complete **IEP** Guide. How to Advocate for Your Special Ed Child. Written by: Attorney Lawrence M. Siegel.

Creating a "Win-Win **IEP**" For Students With Autism. Written by: Beth Fouse, PhD

From Emotions To Advocacy. The **special education** survival guide. Written by: Pam Wright and Pete Wright.

How Well Does Your **IEP** Measure Up? Quality indicators for effective service delivery. Written by: Dianne Twachtman-Cullen and Jennifer Twachtman-Reilly

Learning Disability Intervention Manual. Written by: Stephen B. McCarney, Ed.D and Angela Marie Bauer, M.Ed

Special Education Law. Written by: Peter Wright, Esq. and Pamela Darr Wright, MA, MSW.

Special Educator's Comprehensive Guide To 301 Diagnostic Tests. Written by: Roger Pierangelo, PhD and George Guiliani, JD, Psy.D

Wrightslaw: All about **IEPs**. Written by: Peter W.D. Wright

Writing Measurable **IEP** Goals and Objectives Written by: Barbara Bateman and Cynthia Herr

FIBROMYALGIA

Fibromyalgia for Dummies. Written by: Roland Staud, MD with Christine Adamec

LEGAL ISSUES

Disability Workbook For Social Security Applicants. Written by: Douglas Smith

Nolo's Guide to Social Security **Disability**. Getting and keeping your benefits. Written by: David Morton MD

Special Needs Trusts. Protect your child's financial future. Written by: Stephen Elias

LUPUS

Lupus Q & A – Everything You Need to Know. Written by: Robert G. Lahita, M.D., Ph.D., and Robert H. Phillips, Ph.D.

MENTAL HEALTH

What to Do When You Worry Too Much, Written by Dawn Huebner, Ph.D.

Eight Stories Up. An adolescent chooses hope over **suicide**. Written by: Dequincy Lezine.

Grieving Mindfully. A Compassionate and Spiritual Guide to **Coping with Loss**. Written by: Sameet M. Kumar, PhD.

Parenting a Child Who Has **Intense Emotions**. Written by: Pat Harvey, LCSW-C and Jeanine A. Penzo, LICSW
Waking the Tiger. Healing **Trauma**. Written by: Peter Levine

MIGRAINES

Managing **Migraines**. Written by: Claire Houlding

MULTIPLE SCLEROSIS

MS for Dummies

NUTRITION AND DIET

Eat This And Live! For Kids. Written by Don Colbert, MD with Joseph A. Cannizzaro, MD

Essential **Gluten-Free** Grocery Guide 3rd edition. Written by: Triumph Dining

FED UP! Winning the war Against **Childhood Obesity**. Written by: Susan Okie M.D.

Healthy **Snacks for Kids**. Written by Amy Wilensky

Overweight What Kids Say. Written by: Dr. Robert A. Pretlow, MD

Simply Sugar SS & GF and **Gluten** – Free. Written by Amy Green

Supermarket Guide **Food Choices** for you and Your Family Written by: Mary Abbott Hess

Your Child's **Weight**. Helping Without Harming. Written by: Ellyn Satter

PARENTING

1-2-3 Magic for Kids – Helping Your Children Understand the New **Rules**. Written by: Thomas W. Phelan, Ph.D. and Tracy M. Lewis, B.A.

Building **Resilience** in Children and Teens – Giving Kids Roots and Wings. Written by: Kenneth R. Ginsburg, MD, MS Ed, FAAP with Martha M. Jablow

The elephant in the playroom. Ordinary Parents Write Intimately and Honestly About the Extraordinary Highs and Heartbreaking Lows, of Raising Kids with **Special Needs**. Written by: Denise Brodey

Getting To Yes. **Negotiating** Agreement Without Giving In. Written by: Roger Fisher and William Ury

How to **Discipline** Your Six to Twelve Year Old without Losing Your Mind. Written by: Jerry L. Wyckoff, PHD and Barbara C. Unell

Married With Special-Needs Children. A couple's guide to keeping connected. Written by: Laura Marshak, PhD, and Fran Pollock Prezant, M.Ed.

More Than a Mom. Living a full and balanced life when your child has **special needs**. Written by: Amy Baskin and Heather Fawcett

Potty Journey Guide To **Toilet Training** Children With **Special Needs**, Including **Autism** and Related Disorders. Written by: Judith Coucouvanis

Yours, Mine, and Hours- **Relationship Skills** for Blended Families. Written by: John Penton and Shona Welsh.

PTSD

Post Traumatic Stress Disorder Relationship, How to Support your Partner and Keep your Relationship Healthy, Written by: Diane England PHD

Post Traumatic Stress Disorder Source Book, A Guide to Healing, Recovery, and Growth

PRE-TERM INFANTS

Preemies. Written by: Dana Wechsler Linden, Emma Trenti Paoli, and Mia Wechsler Doron, MD.

Preemie Parents Companion. Written by: Susan Madden, MS.

REFERENCE

DSM IV, By APA

National Directory of Children Youth and Families Services, 2008

SEIZURES

Children With **Seizures**. Written by: Martin Kutscher MD

SENSORY PROCESSING DISORDERS

Making Sense of Your **Senses** – A Workbook for Children with **Sensory Processing Disorder**. Written by Christopher R. Auer, MA and Michelle M. Auer, MS, OTR

Parenting a Child with **Sensory Processing Disorder**-A Family Guide to Understanding and Supporting your Sensory-Sensitive Child. Written by: Christopher R. Auer, MA with Susan L. Blumberg, PhD

Sensory Processing Disorder Answer Book – Practical Answers to the Top 250 Questions Parents Ask. Written by Tara Delaney, MS, OTR/L

SLEEP DISORDERS

Sleep Disorders for Dummies. Written by: Max Hirshkowitz, PhD and Patricia Smith

SPECIAL NEEDS

Don't Call Me Special - A First Look at Disability

A Rainbow of Friends

The Special Needs Acceptance Book - Being a Friend to Someone with Special Needs

Chicken Soup for the Soul Children with Special Needs. Written by: Canfield, Hansen, McNamara and Simmons

SOCIAL SKILLS

A 5 Is Against the Law! Social Boundaries: Straight Up!

Child With Special Needs. Encouraging **intellectual and emotional** growth. Written by: Stanley Greenspan, MD and Serena Wieder, PhD.

Giggle Time: Establishing the Social Connections

It's So Much Work to Be Your Friend – Helping the Child with **Learning Disabilities** Find **Social** Success. Written by: Richard Lavoie

Making Friends: A Social Skills Program for Inclusive Settings

Social Skills Activities for Special Children. Written by: Darlene Mannix

Social Skills Picture Book – Teaching Play, Emotion, and Communication to Children with Autism. Written by: Jed Baker, Ph.D.

Social Skills Picture Book for High School and Beyond. Written by: Dr. Jed Baker

Tasks Galore - Let's Play - Structured Steps to Social Engagement and Symbolic Play

Teaching **Low Achieving** and **Disadvantaged** Students. Written by: Charles H. Hargis

SPEECH AND LANGUAGE

Speech and **Language** Classroom Intervention Manual. Written by: Jacquelyn, S. Hagan, M.A., Steven B. McDannold, M.A., Jacqueline Meyer, MHS

Childhood **Speech, Language** and **Listening** Problems. Written by: Patricia McAleer Hamaguchi

VISUAL IMPAIRMENT

Children With **Visual** Impairments, A Parent's Guide. Edited by M. Cay Holbrook, PhD.