

# Wounded Warrior Caregiver Support Group

All Caregivers/Spouses are welcome. This group is open to anyone who has questions or needs answers!

## FOCUS

Group Facilitator, providing a semi-structured atmosphere to ensure a relaxing, stress free zone for all caregivers.

## Wounded Warrior

### Subject Matter Experts:

Chaplain, Family Support Coordinator  
& Family Readiness Officer

Attendance is provided to demystify the Wounded Warrior process as well as provide answers to questions caregivers may have. EX: TSGLI, SSDI, Benefits & Compensations, Receiving Medical help, Medical Case Managers (MCM), Traumatic Brain Injuries (TBI), Post Traumatic Stress Disorders (PTSD) and provide resources and information to help navigate your way through your NEW NORMAL

Twice Monthly Meetings: 2<sup>nd</sup> Thursday & 4<sup>th</sup> Friday

2<sup>nd</sup> Thursday @ 0930 a.m. / 4<sup>th</sup> Friday @ 0930

Meeting Locations: Bldg 40/ Russell Bldg

Daycare provided for meetings

POC: Kristy Jones / 910381 2010 or [kristy.jones@usmc.mil](mailto:kristy.jones@usmc.mil) for dates & info.

Feeling like you are all alone, no one could ever understand what you are going through, you don't want to bother your friends or family or hey, THEY JUST DON'T UNDERSTAND what it is really like to live with this person who is nothing like they used to be! This is your opportunity to come listen and see that you are NOT ALONE. No pressure from anyone to talk or participate. Just come check it out.