

## Managing Your Money and More in a Difficult Economy

Is paying off your debts keeping you up at night? Are you trying to cope with a change in your life? Do you need assistance locating child or elder care because your current service providers are closing? Or, are you looking for guidance on setting and working toward your financial goals? For any of these situations—and many others—your Magellan program can help.

### Call to Speak Confidentially with a Professional

In any type of economy, good or bad, we understand that a financial or legal issue can affect all areas of your life. Through a single, toll-free number, you can access your Employee Assistance Program, which can provide legal consultation and financial consultation services. For legal or financial concerns, you have access to a nationwide network of attorneys and financial consultants who will help you find the information, resources and expertise best suited to your needs. Call to speak with a professional who can help relieve the stress and anxiety you may be experiencing. The types of issues with which your program can help you include:

#### Financial Consultation Services

- Mortgage issues
- Credit counseling services
- Budgeting advice
- Financial planning
- Buying or leasing a car
- Retirement planning

#### Legal Consultation Services

- Civil issues
- Personal or family issues
- Real estate
- Will preparation
- Estate planning
- Consumer issues

#### Employee Assistance Program

- Managing stress
- Handling relationship issues
- Balancing work and life
- Caring for children or aging parents
- Career development
- Controlling depression and anxiety

### Help is Also Available Online

Simply log on to [www.MagellanHealth.com/member](http://www.MagellanHealth.com/member). Register in the *Member Sign In* area and use your program's toll-free number to access tools, resources, articles and more. The following are some examples of what you'll find:

#### Financial and Legal Web Site

Click on *Visit CLC Web site* under *Benefits/Services* to access a wealth of resources, including:

#### Legal Resources

- Local attorneys

- FAQs
- Guides
- Articles
- Forms and tools

***Financial Resources***

- FAQs
- Guides
- Articles
- Tools

**Web Site Centers**

- Click on *Your Money* in the *Spotlight* section to access articles, more tools and community resources.
- Locate child and elder care services in your area under *Search for a Provider*.
- Go to *Tools, On Demand Learning* to access Webinars and podcasts on topics such as Controlling Stress When Your Income Drops, After a Financial Loss, Navigating a Change in Your Financial Status and more.

**Call 800-424-5988 or log on to [www.MagellanHealth.com/member](http://www.MagellanHealth.com/member) today!**