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# THE HABITS OF HIGHLY EFFECTIVE *MILITARY* FAMILIES

"Learning is a lifelong process of taking information, implementing it, and turning the information into knowledge and life wisdom." - Franklin Covey

*Based on Franklin Covey's "The 7 Habits of Highly Effective People"*

**Military Families Invited**



Thu, 16 Sep • 0900-1500  
Marine Corps Family Team Building Office LC 4012-A  
Midway Park

Military families face unique hurdles which require firm family relationships to successfully navigate the changing military lifestyle.

This workshop provides the tools and principles military families need to communicate more effectively about their problems and resolve them successfully.

Participants learn how to

- Adapt to relocation
- Anticipate phases of deployment
- Apply problem solving skills
- Resolve conflicts in family relationships
- Build family traditions

Each family will take home a  
**FREE** book, workbook,  
and calendar.

**451-0176**

Space is limited, please register in advance.

FREE for all military family members.

[www.mccslejeune.com/mcftb](http://www.mccslejeune.com/mcftb)

