

BABY BOOT CAMP



New Parent Support Program

WE'VE GOT **FREE** PROGRAMS THAT WILL HELP YOU **NURTURE** YOUR CHILD AND **STIMULATE** EXPLORATION AND GROWTH.



★ BABY BOOT CAMP

Dads and Moms learn how to make a smooth transition into parenthood. This is a hands-on experience for parents who are pregnant or have new arrivals. Class will cover information from birth to 6 months.

Topics include:

- Soothing a Crying Baby
- Bathing, Diapering, and Feeding
- Growth and Development
- Infant Safe Sleep
- Environmental Safety
- Car Seat Safety
- Effective Communication with Your Partner

For a schedule of dates, please go to mccslejeune.com/npsp

**TO REGISTER OR FOR MORE INFORMATION,
CALL (910) 449-9501.**

