

The F•O•C•U•S Project...

Multiple deployments affect both the service member and the family as routines and roles are disrupted. Children may experience stress related to a parent's role in the Global War on Terror and the impact of Combat Operational Stress on family life.

FOCUS uses family training techniques to highlight areas of strength and resilience in the family and promote family growth to help address current challenges.

FOCUS provides structured activities to bridge gaps in shared family understanding that may follow stressful experiences and separations.

In both group and individual family service settings, family members are taught skills to improve emotional regulation, problem solving, goal setting and communication.

Project Goals

ASSIST family members to address deployment stress and reminders to minimize their interference with parenting and family life.

PROVIDE community level consultation and group skill building designed to support family resiliency.

ENHANCE family communication and support by developing a shared family narrative about the deployment experiences.

How To Contact Us

Please contact the FOCUS team for more information via phone or email.

We look forward to talking with you.

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The FOCUS Project

The growing awareness of the significant challenges of wartime deployments on military child and family well-being has prompted a new initiative funded by the Bureau of Medicine and Surgery of the Department of the Navy. Addressing concerns related to parental combat operational stress injuries and combat-related physical injuries, state-of-the-art family resiliency services will be provided to military children and families. FOCUS was developed by the UCLA Center for Community Health and the National Center for Child Traumatic Stress.



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