

NEW Workshop

REINTEGRATION

Sat, 28 Apr • 0900-1200
MCFTB Classroom,
Bldg LCH-4012A (Midway Park)

**STRONG
MARINE
COUPLES**

HAS YOUR SPOUSE BEEN HOME FOR BETWEEN 45 AND 60 DAYS AFTER A LONG DEPLOYMENT?
FINDING REINTEGRATION MORE OF A CHALLENGE THAN A CELEBRATION?
SATISFIED WITH THE WAY YOU ARE COMMUNICATING AS A COUPLE?

We can offer couples tools for strengthening your relationship, tips on better communication skills, and help you find the balance between love and reintegration into normal day to day life. Learn how the recent deployment or separations affect relationships.

Free childcare is offered at Brewster CDC, please call 450-8467 to register. Child must be registered with CYTP and issued a white card. Space is limited, please call 451-0176 to register and for more information.

