

MARINE CORPS
COMMUNITY SERVICES,
CAMP LEJEUNE
AND WOUNDED WARRIOR
BATTALION - EAST
PROGRAM DEVELOPMENT





WWBn – East MISSION STATEMENT

- **Mission.** Wounded Warrior Battalion East provides continuous, far-reaching leadership to wounded, ill, or seriously injured Marines and designated Sailors worldwide in order to ensure all wounded warriors and families successfully transition back to full duty or civilian life.





WE'RE PROUD TO SERVE YOU

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HOW IS
MARINE CORPS COMMUNITY SERVICES,
CAMP LEJEUNE
HELPING TO MEET THIS MISSION?



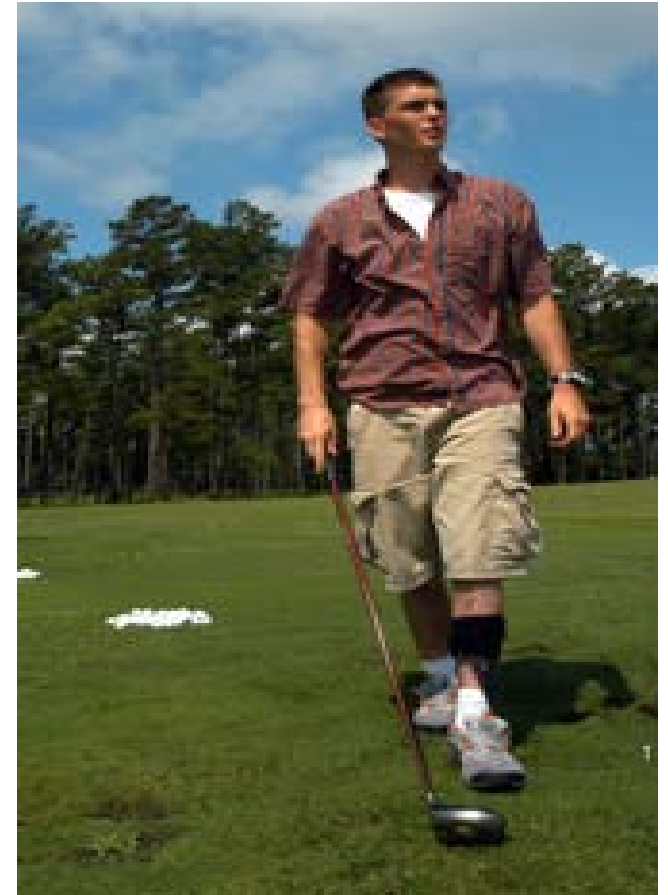
THE BEGINNING

- MCCS REACHED OUT TO WWBn OFFERING AN EXPERIENCED HEALTH AND FITNESS EMPLOYEE
- ASSIGNED MCCS GS-12 PROGRAM MANAGER TO THE WWBn – JULY 2007
- ESTABLISHED OFFICE WITHIN THE Bn AND SET UP WITH COMMUNICATION ESSENTIALS (computer, phone, fax)



UNDERSTANDING WOUNDED WARRIORS' NEEDS

- INTERVIEWED INJURED MARINES/SAILORS
- EVERYONE'S NEEDS ARE DIFFERENT
- CRITICAL TO HAVE WORKING KNOWLEDGE OF DISABILITIES
- PROGRAMMING MUST HAVE DEPTH, BREADTH, AND BE INDIVIDUALIZED



REVIEW EXISTING ASSETS

- MCCS PROGRAMS/SERVICES
- LOCAL COMMUNITY
 - THERAPEUTIC RIDING
 - US ROWING COACH
 - SCUBA DIVING INSTRUCTOR
 - LYNWOOD PARK ZOO
- NATIONAL ORGANIZATIONS
 - NATIONAL RECREATION AND PARKS ASSOCIATION
 - AMERICAN COLLEGE OF SPORTS MEDICINE
- DISABLED SPORTS USA
- LOCAL UNIVERSITIES
 - EAST CAROLINA UNIVERSITY
 - UNIVERSITY OF NORTH CAROLINA AT WILMINGTON
- PENN STATE UNIVERSITY (program on Inclusion)
- NON-PROFIT ORGANIZATIONS

SUPPLEMENT ASSETS AS NEEDED

- Contracts with professional licensed instructors in the following areas:
 - AQUATICS
 - GOLF
 - CYCLING
 - FISHING
 - KAYAKING
 - MUSIC
 - STRENGTH & CONDITIONING
 - WHEELCHAIR BASKETBALL



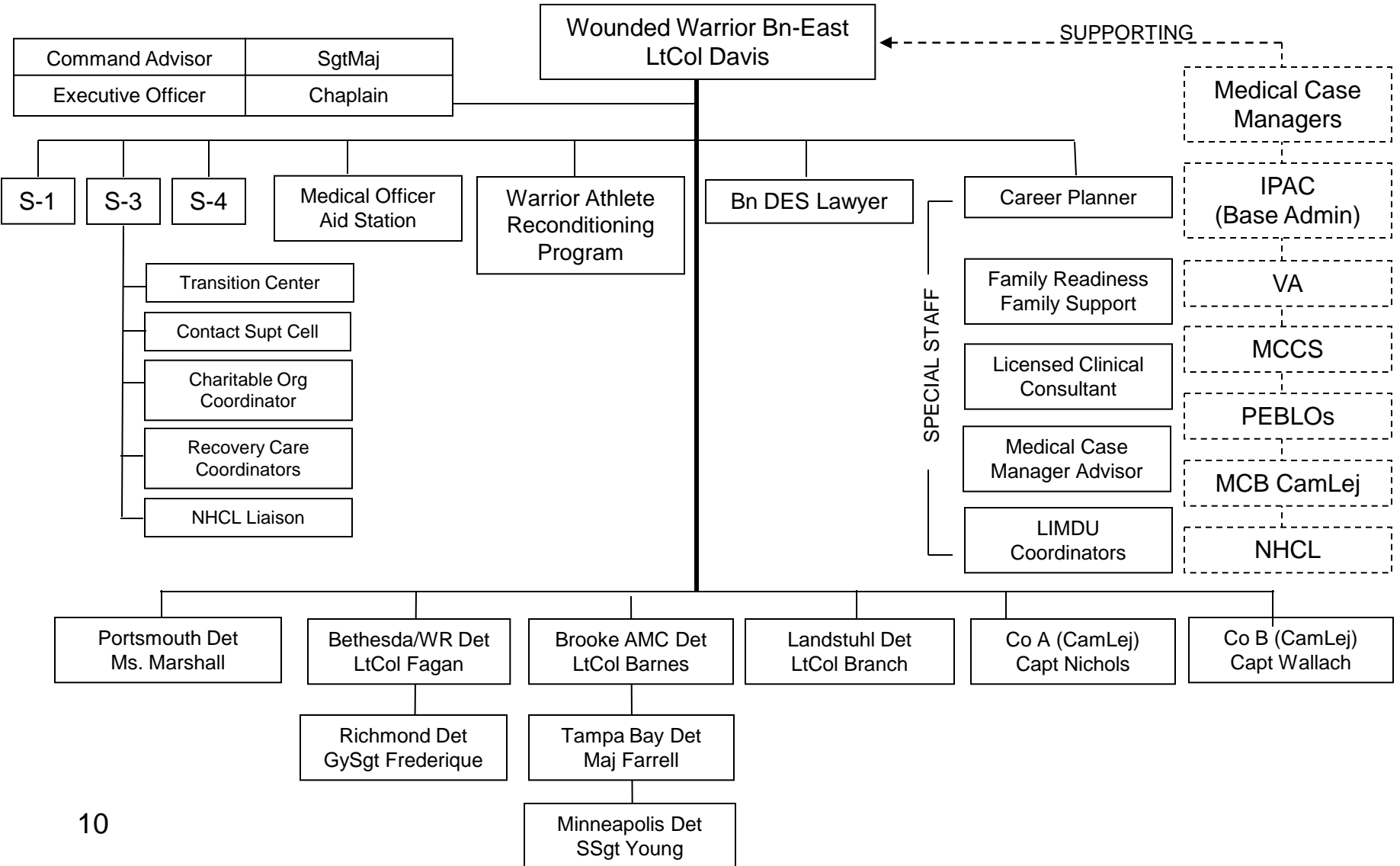
PROGRAM DEVELOPMENT: CRITICAL FEATURES

- PHYSICIAN REFERRAL/APPROVAL
- MANY CHOICES OF ACTIVITIES
- MULTI-FACETED (mind, body, spirit)
- BUY-IN FROM PATIENT
- ACTIVITY ASSESSMENT
- SUPERVISED PARTICIPATION
- REASSESSMENT; BACK-BRIEFING
REFERRAL SOURCE
- ESTABLISH BUDGET
- ESTABLISH PROGRAM PATHWAY

PRESENT STATE



WWBn-E Task Organization



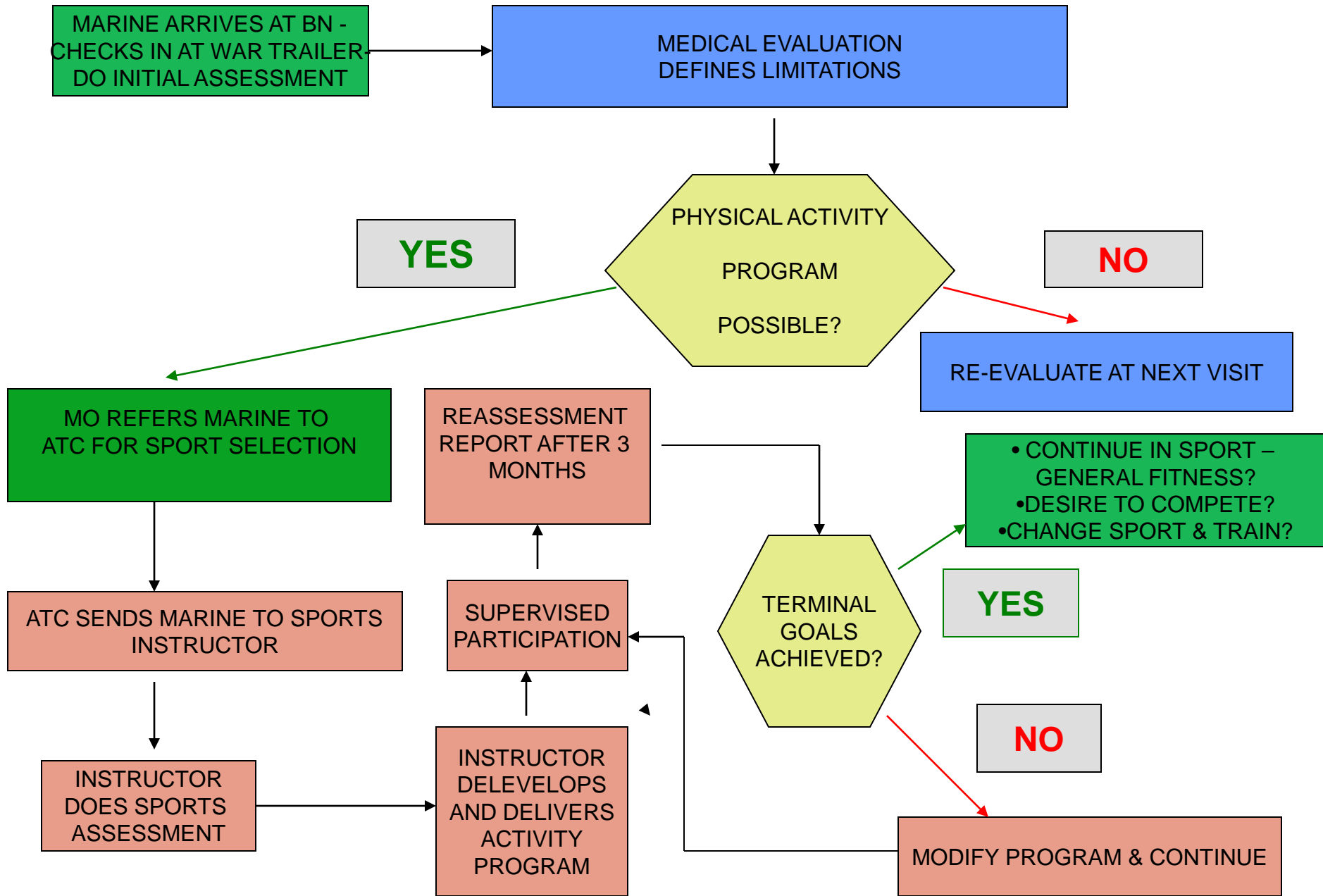
WARRIOR ATHLETE RECONDITIONING (WAR) PROGRAM

- AQUATIC TRAINING *
- ARCHERY
- AUTO MECHANICS
- CYCLING *
- EQUINE
- FITNESS/WEIGHT TRAINING
- GOLF *
- KAYAKING *
- NUTRITION ED/COUNSELING
- ROWING
- SAILING
- SCUBA DIVING
- STRENGTH & CONDITIONING *
- SURFING
- WHEELCHAIR BASKETBALL*
- YOGA



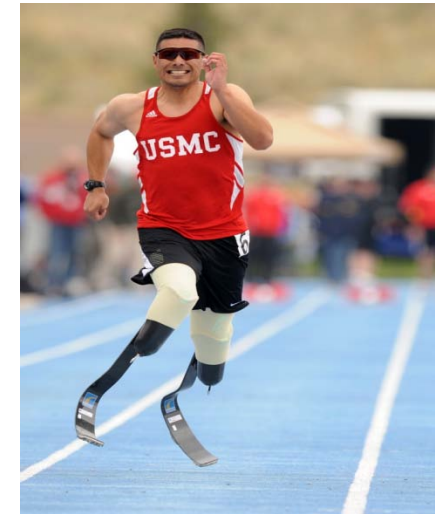
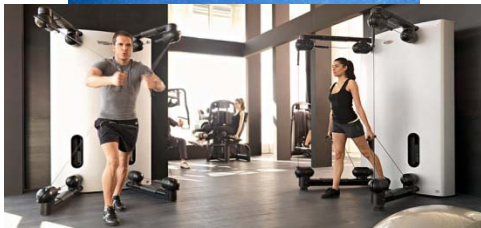
* MANDATORY ACTIVITY

PATHWAY FOR WARRIOR ATHLETE RECONDITIONING PROGRAM



RECONDITIONING/COMPETITIVE SPORTS CONTINUUM

RECONDITIONING → SPORTS SKILLS TRAINING ←→ COMPETITIVE WARRIOR ATHLETE



← 12 WEEKS MINIMUM →

← PHYSICAL FITNESS →



KEY UNIVERSITY PARTNERSHIPS

- **UNC-WILMINGTON (UNCW)**
 - Serving on the Coastal Carolina Partnership for accessibility recreation. This group establishes the “Accessible Recreation Day” held at UNCW in April each year.



MOU WITH ECU



- EAST CAROLINA UNIVERSITY (ECU)
 - Dr. Carmen Russoniello, who runs the Psychophysiology and Biofeedback clinic at ECU, provides biofeedback to Marines. As a result of our discussions, Dr. Russoniello hired a Master's degreed individual to work with Wounded Warriors. Currently, they are training approximately six Marines/Sailors and eventually meeting twice per week. Future plans include opening this opportunity for biofeedback training to ALL injured Marines/Sailors as needed. Biofeedback addresses issues experienced with Post Traumatic Stress Disorder; Traumatic Brain Injury; and Pain Management.

PARALYMPICS

The USOC Paralympic Military Program provides post-rehabilitation support and mentoring to American servicemen and women who have sustained physical injuries. Veterans are introduced to adaptive sport techniques and opportunities through clinics and camps and are also connected with ongoing Paralympic sports programs in their hometowns.



WWBn-E Facilities (Future)

- Wounded Warrior Battalion Bachelor Enlisted Quarters (BEQ)
 - 100 2-man rooms
 - 69,729 square feet (3-story)
 - Company A, Company B, and Battalion Aid Station office spaces
 - Estimated completion: March 2011
- Wounded Warrior Battalion Headquarters
 - 7,696 square feet
 - Contract awarded: September 2009
 - Estimated completion: Nov 2011
- Hope and Care Center
 - 37,308 square feet
 - Contract awarded: September 2009
 - Estimated completion: March 2012

- Fisher House
 - 12 family suites
 - Kitchen, laundry, family lounge, living space, meeting area
 - Estimated completion: September 2010

Began receiving guests 21 Sep 10



POINT OF CONTACT

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