

## **YOUTH SPORTS FALL PROGRAM CHANGES FOR 2011**

### **YOUTH SOCCER**

1. Program now open to age 15. Cannot be 16 before August 1, 2011.
2. Division III (8-9 year olds) is now non-competitive.
3. Playoff format in Division I & II will be determined based on the number of teams. Not all teams may qualify for playoffs.
4. All coaches must complete the "Heads Up" Concussion Training.

### **YOUTH FOOTBALL**

1. Program now open to age 15. Cannot be 16 before August 1, 2011. Weigh no more than 160lbs.
2. 8-10 tackle is a non-competitive division.
3. Tackle age divisions will be 8-10, 10-12, and 13-15. Flag remains 6-8.
4. Playoff format in 10-12 and 13-15 will be determined based on the number of teams. Not all teams may qualify for playoffs.
5. All coaches must complete the "Heads Up" Concussion Training.

### **YOUTH CHEERLEADING**

1. Program now open to age 15. Cannot be 16 before August 1, 2011
2. Age divisions are 6-8, 8-10, 10-12, 13-15.
3. All coaches must complete the "Heads Up" Concussion Training.