

# Training for young future boxers ages 8-17

Instruction provided by  
All Marine Boxing Coach,  
Ron Simms

Does boxing interest you?  
This training is designed for you!

## Youth Boxing Program

By joining this program, you will not only have FUN... You will gain self confidence, hand-eye coordination, balance, offensive and defensive combination/techniques, and boxing specific Plyometric Training.

### Area 3 Gym, Home of All Marine Boxing Team

Mon, Wed & Fri ❖ 1730-1900  
Annual Fee: \$30/Additional Siblings \$20  
Payable by cash or check ONLY  
Open to all authorized patrons

#### RECOMMENDATION:

Recommend all participants purchase an annual membership to USA Boxing (\$38) which will entitle to participate in sanctioned boxing events, provides secondary sport accident insurance, and ensures eligibility for the Sarge Johnson scholarship Award if registered for three consecutive years, is a high school graduate or GED recipient, and boxed twice in each of the consecutive three years as a USA Boxing member.

Information: 910-451-2629



### YOUTH BOXING PROGRAM REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email \_\_\_\_\_ Phone (    ) \_\_\_\_\_

MAKE CHECK PAYABLE TO  
MCCS ACTIVITY AND MAIL  
THIS APPLICATION, ALONG WITH  
APPROPRIATE ENTRY FEE, TO:

MARINE CORPS COMMUNITY SERVICES  
ATTN: YOUTH BOXING PROGRAM  
AREA 2 FITNESS CENTER (BLDG. 201)  
McHUGH BLVD  
CAMP LEJEUNE NC 28547-2539

INFORMATION:  
Coach Ronald Simms  
910-451-2629  
or email simmsrl@usmc-mccs.org

#### GENERAL RELEASE:

In consideration of this entry being accepted and desiring to be legally bound to myself, my heirs, assigns, executors, administrators, etc., I hereby release the sponsors, officials, Marine Corps Base, Camp Lejeune, and all those associated with this program, of all claims for injuries and damages incurred or arising from my participation in the SEMPER FIT YOUTH BOXING PROGRAM. I grant permission for the use of all information submitted in my application, and any other photograph, videotape motion picture, recording, and any other record of this event including race results, my likeness, name, and completion time, for any purpose, including post-PROGRAM publicity.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**SIGNATURE OF PARENT OR GUARDIAN IS NEEDED IF APPLICANT IS UNDER 16 YEARS OLD**